

## **Banana & Raspberry Muffins**



2 cups self-raising flour

½ cup brown sugar

1 egg

1 tub of yoghurt

½ cup milk

2-3 banana's, mashed

100g frozen raspberries (or ½ punnet fresh)

- Place flour & sugar into a large bowl
- Mix egg, yoghurt & milk together
- Add to dry ingredients & lightly mix (batter should not be too smooth!)
- Add banana & raspberries
- Spoon into 12 greased muffin casings
- Bake for 25min at 180C

<http://whiamnotskinny.wordpress.com/>